



## Year 6 PSHE Curriculum Objectives



| Autumn – Economic Wellbeing   | Spring - Happy, healthy and Safe  | Summer - Preparing for Change   |
|---|---|---|
| To understand expenses and spending   | Know what contributes to a healthy lifestyle (summarising previous learning)                            | Preparing to transition to high school socially, emotionally and personally |
| To understand what influences our decision to buy something.                          | Know the facts about menstrual wellbeing and the menstrual cycle  |   |
| To solve problems involving money   | Know the facts about puberty and the physical and emotional changes that take place during adolescent   |   |
| To understand that money can help everyone  | Know about the concept of privacy   |   |
| To understand the money involved in charities.  | Know the importance of making responsible decisions about sleep   |   |
| To develop an initial understanding of the concepts of ‘interest’, ‘loan’, and ‘debt’ | Know the facts about a healthy dental routine and the impact of poor dental health on general wellbeing |   |