



Everyone is equal, everyone is different
and everyone is welcome

LINTHORPE COMMUNITY PRIMARY SCHOOL

Policy Name:

PSHE Policy (including Relationships Education)

2026-27

Policy Details

Date of policy: September 2026

Date of next review: September 2027

Member of staff responsible for overseeing that this policy is implemented and regularly reviewed: G Mitchell



This school is an academy within The Legacy Learning Trust.

Aims and Objectives

Alongside, Religious Education, Health Education and Relationships Education form part of our Life Skills curriculum. It provides knowledge and skills to help our children develop into confident, responsible and reflective 21st century citizens, who understand, value and celebrate themselves and others. Our curriculum reinforces our ethos that *everyone is equal, everyone is different, everyone is welcome*, as children learn to see the common ground between all people.

Through our three themes (Families and Friendships; Respect and Relationships; Safe, Healthy and Happy) children learn the language needed to express and their own ideas and explore those of others empathetically. Physical and emotional changes during puberty are taught in Year 5 alongside their science unit on the human life cycle. Additionally, pupils in Year 5 learn economic wellbeing through Barclays Life Skills and Year 6 complete a unit in citizenship, learning how laws are made, how the country is governed at national and local level, and how they can use their democratic rights to affect change.

Children learn skills to help them to establish and maintain healthy friendships and family relationships, as well be able to recognise and address when any relationship is making them feel unsafe or uncomfortable. The curriculum emphasises the importance of both mental and physical wellbeing and children learn about how to be mentally and physically healthy.

All of the statutory objectives for Relationships Education and Health Education are taught but, via an enriched National Curriculum+ offer and '50 things', we ensure that children have as many opportunities as possible to make meaningful links to real life contexts and experiences.

Statutory Requirements

As a primary academy, we must provide Relationships Education to all pupils under Section 34 of the Children and Social Work Act 2017. We must also have regard to guidance issued under Section 403 of the Education Act 1996 and Section 80A of the Education Act 2002. This policy reflects the 2025 statutory guidance published by the DfE, which are fully implemented and delivered.

Policy Development

This policy has been developed through consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review – a member of staff or working group pulled together all relevant information including relevant national and local guidance
2. Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations
3. Parent/stakeholder consultation – parents and any interested parties were invited to attend a meeting about the policy (October 25)

4. Ratification – once amendments were made, the policy was shared with governors and ratified

Definition and Intent

Relationships Education is about the emotional, social and cultural development of pupils, and involves learning about relationships, healthy lifestyles, diversity and personal identity.

The intent of Relationships Education is to teach children the skills and knowledge that enable them to be happy and healthy individuals with happy and healthy relationships. This includes friendships, family relationships, relationships with other children and adults.

Curriculum

Our curriculum is set out as per Appendices 1 and 2 but we may need to adapt it as and when necessary.

We have developed the curriculum in consultation with parents, pupils and staff, taking into account the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner, delaying an answer to consult colleagues or discussing with parents when necessary, so that pupils are fully informed and don't seek answers online.

New content in line with 2025 guidance includes:

- Correct terminology for body parts, including genitalia
- Personal safety, including fire, water, road and rail safety
- Online safety, including gaming risks, scams, and financial exploitation
- Mental health, including grief and loss
- Medicine safety, including the Yellow Card scheme

All objectives for online safety are taught in computing lessons with complementary sessions in RSHE to prepare our pupils to use technology safely and responsibly.

Organisation of Learning

Relationships Education covers:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Lessons are discussion-based, using the Lucinda and Godfrey Scheme of Work. Learning is recorded in class floor books through photos, quotes, and pupil work.

Impact

The impact of learning is assessed through the children's work evidenced in the floor book and from discussions with children (pupil voice). This is used to help teachers plan the next stages of learning.

Inclusion

RSHE forms part of the school's curriculum policy to provide a broad and balanced education to all children. We strive hard to meet the needs of those pupils with special educational needs, those with disabilities, those with special gifts and talents, and those learning English as an additional language, and we take all reasonable steps to achieve this.

Protected Characteristics

Schools are required under the Equality Act to give regard to the need to eliminate discrimination against 9 protected characteristics. The 9 Protected Characteristics are – age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, sexual orientation.

Our PSHE lessons counteract stereotyping and discrimination through representation and use of age-appropriate materials that facilitate discussion of how we should treat those who are different to ourselves.

Outside of PSHE lessons, we have a reading list for each year group, which includes books specifically chosen to help eliminate discrimination.

We educate our children not to use discriminatory language e.g. racist or homophobic language.

Right to Withdrawal

Although parents have a right to withdraw their children from non-statutory elements of Relationships Education, at Linthorpe we only teach the statutory elements of Relationships Education and there is therefore no right to withdraw. Any parents with concerns should contact the school to discuss the content of the curriculum.

